

Who is Vista?

Vista (formerly Victorian Person Centred Services) is a non-profit organisation providing one-on-one support services to people across Victoria.

This includes to people who are ageing, people with disabilities, and children.

We have a strong focus on putting the people we support at the centre of planning and services.

We are a partner organisation of the EW Tipping Foundation, which provides shared supported accommodation (group homes), respite facilities and many other services.

The EW Tipping Foundation is named after journalist Bill Tipping, who wrote passionately about social issues including disability.



Bill Tipping

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Dementia services



Respite can provide you with a much-needed break.

What is the service?

Vista provides one-on-one care for people with dementia .

This support might take place in the family home, or out and about in the community.

We provide support in:

- Day to day activities, where someone needs assistance
- Personal hygiene (bathing, grooming, dressing etc)
- General self-care (eating, drinking, taking medication etc)
- Mobility
- Getting out and about to enjoy recreation, leisure and cultural activities
- Attending medical appointments

The service is available all year round.

Who can use the service?

The service is available to people caring for someone at home who has dementia.

The service gives carers a break, so you can do things like visit family and friends, participate in a hobby or interest, attend appointments, or just take care of daily activities like shopping.

It also benefits the person we are supporting. They can enjoy a break from their family and support to do things they enjoy.

How many hours can we get?

Families can usually book between five and ten hours of support a week, depending on demand on the service.

In some cases, waiting lists will apply.

What is the cost?

There is no cost for the service. It is funded by the Federal Government's **National Respite for Carers Program**.

All you need is a formal diagnosis of dementia for the person you are caring for.



Terry enjoys a game of golf every week with his Vista staff member, James.

How do I register?

You can be referred to our service by other agencies or health professionals, or you can call us directly.

Phone us on (03) 5331 5667 to discuss your options.