

## Physical Disability Support

Vista Community Support provides quality support services to people with physical disabilities, including spinal injuries.

### HOW CAN WE HELP?

We can provide support with all aspects of care, including:

- Assistance with daily living activities, such as cooking
- Bowel and bladder care
- Community access
- Hoist training
- Personal care assistance
- Respite for caregivers
- Stretching and physiotherapy routines
- Transitioning from hospital to home

### TAILORED FLEXIBLE SUPPORT

People supported by Vista have the opportunity to participate in choosing their staff team.

We build the service with and around the person, ensuring truly tailored and personalised support.

Our support workers can also attend individualised training sessions with allied health teams to ensure consistency of care.

We also operate an after hours phone support service that case managers, staff, people we support and their families can access when needed for emergency staffing issues and incident support.

### HOW DO I ACCESS THIS SERVICE?

This service is available anywhere in Victoria. It can be privately funded or accessed through an Individual Support Package (ISP).

Referrals are through agencies or health professionals, such as the Transport Accident Commission, rehabilitation centres, or call us directly on the numbers below.

### FURTHER INFORMATION

Phone us to find out more.

Barwon South West:  
03 5228 0100

Gippsland: 03 5135 4300

Grampians: 03 5320 0300

Hume:  
02 6056 5698 (Wodonga)  
03 5821 4964 (Shepparton)

Loddon Mallee: 03 5442 8441

North West Metro:  
03 9487 8100

Metro: 03 9564 1030

or email:  
[info@vistasupport.org.au](mailto:info@vistasupport.org.au)



With the support of Vista, Margy and Stavros have started married life together in their new home.

[www.vistasupport.org.au](http://www.vistasupport.org.au)

Statewide Coordination Centre  
1036 Dandenong Road, Carnegie, Vic. 3163  
t: 03 9564 1030 f: 03 9564 1004  
e: [info@vistasupport.org.au](mailto:info@vistasupport.org.au)

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A member of the EW Tipping Foundation network

*Vista's service is based on a philosophy of putting the person at the centre of their support.*

