

## Respite Services

Vista Community Support provides a respite service to give families and caregivers a much-needed break. This support can take place in the family home or out in the community, such as on trips away or day activities.

### ABOUT VISTA'S RESPITE

Respite provides a break for people with a disability as well as their families and other voluntary caregivers. Vista provides services on a planned, emergency and flexible basis. We also recognise and support all cultural backgrounds and needs.

For peace of mind, we also operate an after hours phone support service that case managers, staff, people we support and their families can access when needed for emergency staffing issues and incident support.



### CREATING OPPORTUNITIES

Respite can be a great opportunity for the people we support to:

- Meet new people and make friends
- Try new activities
- Develop skills for independent living if that is their choice

### OUR STAFF

Great relationships are developed with the people our staff support and their families. We work hard to establish a respite option that suits each individual and is tailored to meet their specific needs.

Staff are enthusiastic, passionate and focused on maximising choices and independence for the people they support.

Our Young Treasures respite program gives children the opportunity to learn new skills and make new friends, while giving families a break from providing full-time care.

### HOW DO I ACCESS THIS SERVICE?

This service is available anywhere in Victoria. It can be privately funded or accessed through an Individual Support Package (ISP), such as Department of Human Services funding.

Referrals are through agencies or health professionals, or call us directly on the numbers below.

### FURTHER INFORMATION

Phone us to find out more.

Barwon South West:  
03 5228 0100

Gippsland: 03 5135 4300

Grampians: 03 5320 0300

Hume:  
02 6056 5698 (Wodonga)  
03 5821 4964 (Shepparton)

Loddon Mallee: 03 5442 8441

North West Metro:  
03 9487 8100

Metro: 03 9564 1030

or email:  
[info@vistasupport.org.au](mailto:info@vistasupport.org.au)

[www.vistasupport.org.au](http://www.vistasupport.org.au)

Statewide Coordination Centre  
1036 Dandenong Road, Carnegie, Vic. 3163  
t: 03 9564 1030 f: 03 9564 1004  
e: [info@vistasupport.org.au](mailto:info@vistasupport.org.au)

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A member of the EW Tipping Foundation network

*Vista's respite is responsive,  
flexible and tailored to each  
individual's needs.*